

Problem bingo

How problematic are you?



Fake
Friends

Jealous 

Can't stop
saying "like" 

Can't stay
still 

Eats too
much 

Always
depressed 

Gets
bullied 

Not open
to change 

Picky 

Can't stop
getting sick 

Anxiety 

Chews/
bites nails 

Free space 

Lonely 

Has
nightmares 

ADHD 

Eats too
little 

Has a
depressing
playlist 

Couch
potato 

Has
insomnia 

Wishes you were
someone else 

Obsesses over
random things 

Gender
dysphoria 

Uses self
h@rm 

Pick me 